

**Local support to stop smoking
available now in your local area.**

No pressure No Lectures Just Support

Mondays	09.30-11.00	Sighthill Health Centre Calder Road (starts 9th Feb)
Tuesdays	13.00 – 15.00	Westerhailes Healthy Living Centre (starts 10th Feb)
Wednesdays	09.30-11.00	Broomhouse Centre, 79-80 Broomhouse Crescent
Wednesdays	17.30-19.00	Carrickvale Community Centre 2 Saughton Main St
Thursdays	17.30-19.00	Gate 55 55 Sighthill Road (starts 12th Feb)

**No appointment needed just drop in or phone
Avril & Sarah Smokefree Advisors for more**

information on 0131 537-7154

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